

# Resources that Transform

Don Willett, Ph.D.



Biblically-based, and developmentally-informed, the pioneering contribution of *Stages of Faith* is that it has mapped the essential components of the believer's transformation. In 1 John 2:12-14, the seasoned apostle John described three stages of genuine spiritual growth and eight milestone markers, enabling us to

peer into the very core—the DNA—of the spiritual life. A fundamental tenet of the *Stages of Faith* research is the identification of the primary issues that either catalyze or delay the believer's wholeness. These 1 John 2:12-14 benchmarks help us reliably evaluate our growth toward its fullest expression of Christlikeness.

1. ***Stages of Faith: 8 Milestones That Mark Your Journey.*** The workbook (13 lessons) is a powerful resource for personal and small group study. Based on 1 John 2:12-14, *Stages of Faith* helps you understand the dynamics of three stages of spiritual growth and the milestones that distinguish each stage. You will see where you are in the Childhood, Young Adulthood, and Parenthood stages of faith. That's how the apostle John was transformed from his reputation as "a Son of Thunder" to the Apostle of Love. *Stages of Faith* is not another trendy quick fix—but a tested and reliable path to follow that will last a lifetime. A free *Leader's Guide* is available at [www.stagesoffaith.com](http://www.stagesoffaith.com).

2. ***Spiritual Growth Profile.*** Key to getting the most out of *Stages of Faith* is to respond to the instrument's 40 items—to help you measure your progress in each of the three stages and eight milestones. Now you can discover how far you have traveled and determine how far you have yet to go; target the specific obstacles that delay your progress and transformation; and chart steps toward optimal spiritual fitness. Complete the free *Spiritual Growth Profile*© online at [www.stagesoffaith.com](http://www.stagesoffaith.com) and see your results. You can download a Manual to help you understand your scores.

3. ***The Path: How to Understand and Experience Authentic Spiritual Growth.*** Written especially for a disciple-maker, small group leader, mentor, pastor, counselor, or professor of spiritual formation— and

countless others who want to be different and make a difference — *The Path* is an invaluable text to teach you how to help others grow deep and whole, transformed by their relationship with Jesus and not merely informed about Him. *The Path* provides an alternative path of discipleship that is simple, comprehensive, and, yes, transformative.

4. ***Coaching.*** One-on-one Coaching will help you get in optimal spiritual shape. Relying on the *Stages of Faith* model, Don provides skilled support, challenge, and vision for your spiritual growth. With him as an accountability partner, you can go farther on your journey toward authentic Christlikeness and transformation. You will have fourteen one-hour sessions by video conference or phone on a customized schedule that works best for you. Your learning includes "supplements" – additional tools and information – that will strengthen your spiritual growth at each milestone, and ready you for the capstone development of your own Optimal Spiritual Fitness Plan. Three levels of coaching are available.

5. ***New Direction.*** Here's a natural way to engage people in one-on-one or small-group conversations about basic truths to start the journey of faith well and travel far. The first two *Conversations* focus on God's plan of salvation and what it means to make a commitment to Christ. The remaining four *Conversations* emphasize the three milestones of the Childhood stage of faith. Too often these are neglected, delaying our spiritual growth and transformation. Rest assured these foundational topics aren't just for those beginning to follow Christ in a new direction. Even veteran believers who return here will find themselves refreshed and challenged anew.

6. ***Stages of Faith Teaching Series.*** Notes for ten messages offer a starting point for the pastor or teacher. The series captures the central biblical truth of each milestone in the Childhood, Young Adulthood, and Parenthood stages. You can include your own story of following Jesus that illustrate challenges to your growth and how God has worked in your life. Your openness will help others know that God can transform their sinfulness, weaknesses, injuries, and hurts. (Professionally designed Power Point slides are available for each presentation.)